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SHE BROKE HIS PENIS

As soon as his bottom hit the mattress. Oge reached for him, putting her soft, warm hands on the back of his neck as she lowered her lips to his. They kissed, slowly at first, then more urgently with his tongue caressing hers. Daniel and Oge barely came up for air as her hips tilted against his, her breasts against his chest. Her whole body sent a message that was as undeniable as the verbal affirmation she made moments before. He felt her slip down the bed. Oge unfastened his jeans, eased his briefs over his hips and in a single motion, slid down his covered shaft. Daniel sighed, eyes shut, thinking about how unbelievably good it felt each time she slides down his length. They only changed positions for a few seconds when Daniel suddenly stopped. "O gini?" Oge said on all fours. The only response he could muster was the sound of air being sucked through clenched teeth as he lay on his side at the foot of the bed. The yard light shone through the window just enough to see the damage, like a beached whale. his solider rested helplessly on the sheets. "Daniel, what happened!". She had no clue! Oge finally rolled unto her back, as she carefully scoots off the bed to flick on the light. Daniel looked her in the eye and delivered the news: "I think you broke my penis". Those were the actual words he said in the most matter-of-fact way any man could. The situation continued to swell until it had this weird shape; like if you took your index finger and pointed straight ahead and then bent it a little to the left like a hook, that's a loose idea of what Daniel's penis now looked like. Crooked.

Now hold up! "can a penis break?"

The answer, unfortunately, is a definite yes.



A Broken Penis

A penile fracture isn't the same as a break in a bone, instead, it's a tear in either or both of the two spongy tissues of the penis responsible for erections; The penile sheath and the erectile tissues below it. In severe cases, the fracture could also injure the urethra- the channel within the penis that urine flows through.

A penile fracture happens when a sudden blow or bending of the penis tears the spongy sheath of tissue below the skin and sometimes, the erectile tissues beneath the penile sheath, together, these tissues fill with blood during sexual excitement to produce a firm erection. The circumstances that lead to a penile injury are more exciting than usual as it may involve more adventurous sexual activity. Although penis fracture can occur from injury during any sex position, certain practices increase the odds. The "woman-on-top" position increases the risk of a penile injury when the penis is momentarily blocked at the opening to the vagina, the woman's full weight can forcefully bend the erection or she may also rock too far forward or backwards bending the shaft of the penis. The "rear-entry" position is also associated with penile injuries.

For Daniel, it was "the rear-entry position" which did him in.

Dr Ira Sharlip, a spokesman for the American Urological Association, said that penile fractures are usually accompanied by a "popping sound" and then an immediate loss of erection. And like Daniel's, the penis will also be swollen and very painful, often deformed into a "Hook" or "Boomerang". There is usually no blood on the surface, only underneath the skin as a lump appears where blood is forced from erectile tissues and through the torn tissues.

HOW TO TREAT A BROKEN PENIS

Men have to understand that a penile fracture isn't fixed with an ice-pack or Paracetamol. If Dan's injuries are left untreated, he is likely to suffer long-time erectile dysfunction, chronic pain and problems passing urine if the urethra is affected. It's important to have a doctor evaluate any penile injuries even if the fracture is mild and not very painful. A doctor will confirm Daniel's fractured penis based on a physical exam and discussion about the events that led to his penile fracture. He may also require medical imaging (scans) and special urinary tests to rule-out urethral damage.



Penile fractures usually require surgery; where the surgeon will stitch the torn penile tissues. The aim of surgery is to revive or maintain Daniel's ability to have an erection and preserve urinary function.

RECOVERY

Following surgery, Daniel will stay in the hospital, for 3-5 days. His doctor will send him home with antibiotics and pain medication. It may take several months for the fracture to heal fully, so, Daniel and Oge would have to wait the prescribed time after his follow-up exam before they resume intercourse.

MOVING FORWARD

Daniel and Oge can avoid penile injury by using adequate lubrication during sex. They have to be careful during vigorous or "hard" penetrative sex. Ultimately, Dan should avoid blows or pressure to his penis shaft when erect.

Penile fractures could cause long-lasting damage to a man's sexual and urinary function; hence it's necessary to seek emergency medical attention.

EZINWANNE UDEOGALANYA



AMPICLOX SPEAKS OUT

In the last few years, I have heard numerous rumors from some of my undercover agents about how members of the antibiotic association are terribly frustrated with +234 people. I even heard about a planned strike and I was really curious about their grievances.

I pulled all my connections in the antibiotic community and a prominent member agreed to have a sit down with me: Ampiclox Beechams 500.

Miss Beechams is a founding member of the Antibiotics Association and in this tell-all interview with Olusanya Oluwatomi, she speaks about the struggles she and her colleagues face daily in the line of duty... Excerpts below:

Miss Beechams, thank you so much for speaking with Healthy Naija today despite your very busy schedule.

Ampiclox 500: Thank you very much for having me, I and my comrades deeply appreciate the work you do at Healthy Naija, teaching Nigerians about what we do as the Antibiotics Association. Frankly I will love to say that my schedule is too busy because Nigerians like to call my attention to matters that don't concern me.

Really. How?

Ampiclox 500: Every morning, I'm called to terminate pregnancies. Like...how is that even my job?

Just this morning, I got over 600 DMs from people who had unprotected sex; guess what?

They wanted me, Ampiclox to come and prevent them from having an STI or getting pregnant, I am like what the heck!! Postinor 2 and Condoms are just in their offices sleeping, gisting and watching Netflix why can't Nigerians call them to do their jobs? I'm really fed up.



Which mic are you using...this one, abi? Let me say this for the record: I, Ampiclox 500 Beechams I am an antibiotic, my job is to treat bacterial infections! Wow that's so much stress for you and your comrades with so much unwarranted demand for your services.

Ampiclox 500: Yes!!! And I'm not just speaking for myself, my cousin Metronidazole (you know him as Flagyl) has become a scapegoat of some sort. See, whenever those Green White Green people finish "chopping life" and develop a running stomach, they won't even disturb Loperamide (Lemotil) that can stop the diarrhoea, quickly, they will drag my poor cousin Flagyl into the toilet with them. Uhmmm...kinda true but they believe flagyl can help na or even with tetracycline

AMP 500: Pls don't even bring Tetracycline here, he is one of our big ogas you people should stop disturbing him for minor things, I don't want to vex (Rolls eyes). Ahhh..Sorry please be calming down. So, when should Nigerians call you? Cause I heard some of your colleagues are considering changing their phone numbers

Ampiclox 500: hahaha, now you are talking, (clears throat) ... I don't want just anybody to call me, I only want calls only from Doctors and Pharmacists, trust me once there is a prescription I will be there immediately.

You see..eeeh, I actually love my job of kicking out actual bacteria and trust me all my colleagues do, passion wan choke us sef.

So once there is a prescription, no issues you will be available?

Ampiclox 500: Yes oh! Like instantly I will show up and be there as long as is needed. But there is another problem oh...

Uhmmm...problem no dey finish for una side o

Ampiclox 500: Mtchew...it's you people that are the problem. When there is a prescription and I arrive ready to work, you people will not still let me do my job well. Most of them take me in based on vibes and insha Allah or as "the spirit leads" even when they were told the correct time interval which can be 6,8 or 12 hourly depending on if its 4,3 or 2 times daily.

So, the timing must be precise for you to work well?



Ampiclox 500: Exactly, which is why our association has been begging your people to download the ADHERE app on the play store, this app sends reminders at the exact time we should be taken but as usual, you people have coconut head and you insist that you know what you are doing, no wonder your country is the way it is. Why so blunt? Don't you think as long as they feel better, the end justifies the means?

Ampiclox 500: Not at all! When the timing is not followed or you people stop taking us before the prescribed time, mostly because you feel better, this is what happens: You give those yeye bacteria room to escape as they've learnt all our killing tactics. They will start raising shoulders for us and when next we come to do our jobs, they will just overpower us but las las it's you people that will suffer it sha. That's kinda scary though

Ampilox 500: Stay there and be speaking English, you suppose fear... (shining her eyes) ... fear catch you Naija people!

Cause when those germs become stubborn you will need to spend more or even empty your account to pay for our big-big Ogas (Like Colistin, and Tavanic) to take care of the situation. You can be so unlucky that our chairman can't even work. Shebi, you people have plenty of money?

Haa... Nooo! madam, life has not been easy under Uncle Bubu. Anyway, thank you for granting us this interview, I see your phone is already beeping

Ampiclox 500: Mtchewww, someone wants to flush his system and he is texting me. I think I should just leave this country for you people.